QUESTION PAPER

Reading Year 7 — Practice Paper 1

PREVIEW
This file has the first 22 of the 50 questions in this paper. The rest is locked: it comes with a PrepNest plan, or with the paper itself for VCE.

YOU WILL NEED
The Reading Magazine for this paper (a separate PDF). Print it too, or open it on a screen beside you.

Total time: 65 minutes

SECTIONS IN THIS PAPER

- The night shift — page 2 of the magazine
- Why do we yawn? — page 3 of the magazine
- Balloons belong on the ground — page 4 of the magazine
- Nan’s garden, after — page 5 of the magazine
- How do noise-cancelling headphones work? — page 6 of the magazine
- Fred Hollows: the doctor who gave sight — page 7 of the magazine
- Tidebreaker — page 8 of the magazine
- How Year 7 spends its afternoons — page 9 of the magazine

INSTRUCTIONS

Each part of this paper tells you which text in the magazine to read and the page it is on. Read the text first, then answer its questions. You may look back at the magazine as often as you like. Answer every question you can. Write your working in the space provided for long-answer questions. Marking guidance and full explanations are provided in the separate answer key.

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Read ***The night shift*** on page 2 of the magazine and answer questions 1 to 8.

1. What was unusual about the birthday present Mei asked for?

A. She asked to spend a night shift at the bakery with her father.

B. She asked for her own bakery.

C. She asked to sleep in on a school day.

D. She asked her father to come to an assembly.

2. “Her body was begging her to stay under the doona.” This sentence suggests that Mei

A. was cold and unwell

B. was very tired

C. had changed her mind about going

D. was afraid of the dark

3. Before her birthday, Mei mostly knew her father as someone who

A. worked late into the night at an office

B. baked cakes for special occasions

C. had just started working at a bakery

D. slept in the afternoons and missed early assemblies

4. “Flour dusted every surface like a light fall of snow.” The writer uses this comparison to show that the flour

A. lay in a thin white layer over everything

B. was very cold

C. was falling from the ceiling

D. had been spilt by accident

5. When Dad says, “You can’t rush bread,” he means that

A. bread tastes better when it is cold

B. each step takes time and must be done in order

C. Mei is working too slowly

D. the bakery opens late

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6. “The smell was so good it was almost a sound.” This description suggests that the smell was

A. unpleasant

B. coming from the radio

C. so strong it seemed to fill everything

D. very faint

7. What does Mei come to understand about her father’s missed assemblies?

A. He had been too tired to come because he napped in the afternoons.

B. He had not known when the assemblies were on.

C. He did not like school events.

D. He missed them because he was feeding people who start work early, not because he did not care.

8. Why does Dad leave the lumpy roll and the note on the bench?

A. to show he is proud of her effort

B. to tease her about her poor baking

C. because there was nothing else for afternoon tea

D. to remind her to practice at home

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Read ***Why do we yawn?*** on page 3 of the magazine and answer questions 9 to 15.

9. What is the main purpose of the first paragraph?

A. to explain the oxygen theory

B. to show that yawning is common but still a mystery

C. to list animals that yawn

D. to argue that yawning is rude

10. What did the experiment in the 1980s suggest?

A. People yawn more when they breathe extra oxygen.

B. Carbon dioxide makes people sleepy.

C. The oxygen theory is probably wrong.

D. Yawning cools the brain.

11. According to the cooling theory, why might people yawn less on very hot days?

A. People are less bored in summer.

B. Hot air contains less oxygen.

C. People sleep more in summer.

D. A gulp of hot air would not cool the brain.

12. How might the cooling theory explain why we yawn when we are bored?

A. The body may be trying to make the brain more alert.

B. Boredom makes the brain hotter than sleep does.

C. Bored people breathe less oxygen.

D. Boredom is contagious.

13. Why does the writer include “(Are you yawning yet?)”?

A. to ask readers to take part in a study

B. to involve the reader and show how contagious yawning is

C. to suggest the article is boring

D. to introduce the cooling theory

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14. Contagious yawning seems to be linked to

A. age

B. hunger

C. empathy

D. oxygen

15. Which statement best sums up what the writer concludes about yawning?

A. Yawning is caused by a lack of oxygen.

B. Yawning is only a sign of boredom.

C. The cooling theory has been proven.

D. Nobody knows for certain, and yawning may have more than one purpose.

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Read ***Balloons belong on the ground*** on page 4 of the magazine and answer questions 16 to 22.

16. What is the writer’s main argument?

A. Deliberate balloon releases should be stopped.

B. Balloons should only be used at weddings.

C. Latex balloons are safe for the ocean.

D. Sea turtles should be kept in sanctuaries.

17. Why does the writer begin by describing a “magical” balloon release?

A. to show that he enjoys balloon releases

B. to set up a contrast with the harm balloons cause

C. to describe a wedding he went to

D. to explain how balloons are made

18. Why do sea turtles swallow balloons?

A. Turtles like the bright colours.

B. Balloons taste like seaweed.

C. Deflated balloons look like jellyfish, which turtles eat.

D. Turtles cannot see well underwater.

19. What does the study of seabirds show?

A. Most seabirds eat balloons every day.

B. Seabirds avoid balloons.

C. Balloons are the most common plastic in the sea.

D. Balloons were a small share of the plastic swallowed but the most likely to kill.

20. Why does the writer discuss the word “biodegradable”?

A. to show that the claim is less reassuring than it sounds

B. to praise balloon makers

C. to explain how latex is made

D. to suggest balloons break down in hours

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21. Why does the writer list bubbles, flags, streamers, trees and candles?

A. to describe his favourite party

B. to answer the worry that celebrations would be dull without balloons

C. to show which items are also dangerous

D. to sell party supplies

22. “We are sending it … into someone else’s stomach.” By “someone else” the writer means

A. a person at the celebration

B. the balloon maker

C. an animal that might swallow the balloon

D. a child who catches the balloon

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28 questions locked, up to question 50.

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PREVIEW

That’s the end of the preview

You’ve seen the first 22 of the 50 questions in Reading Year 7 — Practice Paper 1. The full paper is worth 50 marks.

STILL TO COME	QUESTIONS	MARKS
Nan’s garden, after — page 5 of the magazine	6	6
How do noise-cancelling headphones work? — page 6 of the magazine	6	6
Fred Hollows: the doctor who gave sight — page 7 of the magazine	6	6
Tidebreaker — page 8 of the magazine	5	5
How Year 7 spends its afternoons — page 9 of the magazine	5	5

The full paper comes with

- Every question, printed exactly like the ones in this preview
- The complete answer key, with the working behind every mark
- A topic report after marking, showing what to practice next

Get the full paper at

prepnest.com.au/practice/exams/reading-year_7-1

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